

Friday, April 3, 2020

8:30 am

Registration/Breakfast***Live streaming begins for Day 1**

9:00 am–9:05 am

Welcome/Announcements*

9:05 am–10:15 am

Session 1

- Advances in Managing Articular Cartilage Injuries in the Athlete

10:15 am–10:45 am

Break/Exhibit Viewing*

10:45 am–12:25 pm

Session 2

- The Athlete's Hip
- **Keynote Address:**
"Sports Specific Hip and Pelvis Anatomy and Injury Patterns"
Christopher M. Larson, MD

12:25 pm–1:25 pm

Lunch* (will be provided)

1:25 pm–2:55 pm

Concurrent Sessions (Onsite participants choose 1 in advance)

- Session A: The Athlete's Elbow[#]
- Session B: The Adolescent Athlete: Managing Injuries of the Lower Extremity

2:55 pm–3:25 pm

Break/Exhibit Viewing*

3:25 pm–4:30 pm

Mini Courses (Onsite participants choose 1 in advance)

- Concussion Management in the Athlete in 2020
- Radiology Grand Rounds: Ankle, Knee and Shoulder
- Team Physician Roundtable: Case Studies From Professional & Olympic Sports[#]
- The Pregnant Athlete: Keep Her (plus one) in the Game

Live streaming ends for Day 1

4:45 pm–6:15 pm

Chairman's Reception for Attendees, Faculty and Exhibitors*

(*Not designated for credit)

(#Live streamed for web participants)

Saturday, April 4, 2020

8:20 am

Registration/Breakfast***Live streaming begins for Day 2**

8:55 am–9:05 am

Welcome/Announcements*

9:05 am–10:45 am

Session 3

- Tears, Repairs and Rehab

10:45 am–11:05 am

Break*

11:05 am–12:25 pm

Concurrent Sessions (Onsite participants choose 1 in advance)

- Session C: Running Through the Lifespan
- Session D: The Troublesome Shoulder#

12:25 pm–1:35 pm

Lunch* (on your own)**Concurrent Workshops** (Onsite participants choose 1 workshop from each wave in advance)

1:35 pm–2:40 pm

Wave 1

- Shoulder Exam with MRI Correlation
- Recovery Modalities#
- Blood Flow Restriction
- Utilizing Aquatic and Massage Therapy in Managing Lower Extremity Injuries
- Sports Pharmacology

2:40 pm–2:55 pm

Break*

3:25 pm–4:30 pm

Wave 2

- Knee Exam with MRI Correlation
- Troubleshooting in Sports Physical Therapy#
- Hip Exam with MRI Correlation
- Managing Injuries in the Rower
- Advances in Technology: Quantifying Movement

4:00 pm

Adjourn*/Live streaming ends for Day 1

(*Not designated for credit)

(#Live streamed for web participants)