



**PRIMARY CARE CONFERENCES**

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

[WWW.MER.ORG](http://WWW.MER.ORG)

**INTERNAL MEDICINE FOR PRIMARY CARE:  
DERMATOLOGY/NEUROLOGY/RHEUMATOLOGY**

**Victoria, BC, Canada – Fairmont Empress  
August 28 – 30, 2020**

**Friday, August 28th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Neurology**

**The Neurological Exam**

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

**8:30 am – 9:30 am – Neurology**

**Alzheimer's Disease & Other Dementias**

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Neurology**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

**10:40 am – 11:40 am – Dermatology**

**Benign Skin Tumors.**

Nevi, seborrheic keratosis keloids, hemangiomas and miscellaneous tumors

**11:40 am – 12:40 pm – Dermatology**

**Premalignant and Malignant Skin Tumors**

Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors

**12:40 pm**

**Session Adjourns**

**Saturday, August 29th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Dermatology**

**Skin Manifestations of Systemic Disease**

Diagnosis of internal disease based on cutaneous findings

**8:30 am – 9:30 am – Dermatology**

**Skin Surgery for Primary Care**

Techniques and procedures to perform common dermatology procedures in the office setting; Procedures will include biopsies, excisions and cryotherapy; Discussions to include anatomy, local anesthesia, surgical instruments, sutures and wound dressings

**9:30 am – 9:40 am**

**Coffee Break**

**9:40 am – 10:40 am – Neurology**

**Headaches and Migraines: Vascular & Non-Vascular**

Basic headache mechanisms; headache history: characteristics, precipitating factors, medical conditions; migraine: common tension, classic, treatment, complicated, cluster, sinus; trigeminal neuralgia; Giant Cell Arteritis; brain tumor; subarachnoid hemorrhage; emergency room treatment

**10:40 am – 11:40 am – Rheumatology**

**Arthritis: Differentiating Inflammatory from Noninflammatory Causes**

Overview of inflammation; Patterns of involvement of pain (symmetry, oligo and mono arthritis); Early rheumatoid arthritis, lupus, polymyalgia rheumatica, osteoarthritis

**11:40 am – 12:40 pm – Rheumatology**

**Crystal Disease: Gout and Pseudogout**

Properly diagnosing and treating crystal diseases such as gout and pseudogout

**12:40 pm**

**Session Adjourns**

**Sunday, August 30th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Rheumatology**

**Osteoporosis**

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

**8:30 am – 9:30 am – Rheumatology**

**Fibromyalgia**

Differential diagnosis and treatment of this difficult-to-manage pain syndrome; Treatment options of anti-epileptics and SNRI's

**9:30 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Identify cutaneous findings that serve as surrogates of internal diseases
- Differentiate benign and malignant skin tumors and employ appropriate interoffice procedures
- Review basic skin surgeries typically conducted in the primary care office
- Perform a neurological exam
- Distinguish dementia from delirium, as well as describe the neurologic changes of normal aging
- Delineate the differential diagnosis and treat movement disorders
- Review the pathophysiology of headaches and migraines and discuss patient assessment and treatment options
- Differentiate between inflammatory and non-inflammatory joint pain and the differential diagnosis of each category
- Evaluate and treat fibromyalgia, and osteoporosis

**Learning Outcome**

To provide updates in primary care medicine to office based providers



### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

### **Disclaimer**

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

## Accreditation

### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



### American Academy of Family Physicians

This Live activity, *Internal Medicine for Primary Care*, with a beginning date of August 28, 2020 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

This activity is designated for X.X ANCC pharmacotherapeutic contact hours.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-20-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.