Cognitive Remediation in Psychiatry

Friday, June 8, 2012
Course Directors
Alice Medalia, Ph.D., Professor of Clinical Psychiatry; Director of Psychiatric Rehabilitation Services, Columbia University College of Physicians & Surgeons, New York, New York
Alice Saperstein, Ph.D., Assistant Professor, Columbia University College of Physicians & Surgeons, New York, New York

Faculty
Anja Behm, C.S.W., Social Worker, Lieber Recovery and Rehabilitation Clinic, Columbia University Medical Center Eastside, New York, New York
Morris D. Bell, Ph.D., ABPP, Professor of Psychiatry, Yale University School of Medicine; Director, Learning-based Recovery Center, VA Connecticut Healthcare System, New Haven, Connecticut
Christopher R. Bowie, Ph.D., Assistant Professor of Psychology and Psychiatry, Queen’s University, Kingston, Ontario, Canada
Kee-Hong Choi, Ph.D., Associate Research Scientist, Yale University School of Medicine, New Haven, Connecticut
Cyril Deepak D’Souza, M.D., Associate Professor of Psychiatry, Yale University School of Medicine, New Haven, Connecticut
Shaun M. Eack, Ph.D., Assistant Professor of Social Work and Psychiatry, University of Pittsburgh, Pittsburgh, Pennsylvania
Jerri D. Edwards, Ph.D., Associate Professor, University of South Florida, School of Aging Studies, Tampa, Florida
Enid Gertmenian-King, L.C.S.W., Social Worker, Lieber Recovery and Rehabilitation Clinic, Columbia University Medical Center Eastside, New York, New York
Art Graesser Ph.D., Professor of Psychology; Co-director, The Institute for Intelligent Systems, University of Memphis, Memphis, Tennessee
Robert K. Heinssen, Ph.D., ABPP, Director, Division of Services and Intervention Research, National Institute of Mental Health, Bethesda, Maryland
Tiffany Herlands, Psy.D., Assistant Clinical Professor of Psychiatry; Clinical Director, Lieber Recovery and Rehabilitation Clinic, Columbia University College of Physicians & Surgeons, New York, New York
Robert S. Kern, Ph.D., Research Psychologist, David Geffen School of Medicine at UCLA; Health Science Specialist, Mental Illness Research, Education, and Clinical Center (MIRECC), VA Greater Los Angeles Healthcare System, Los Angeles, California
Matthew M. Kurtz, Ph.D., Associate Professor of Psychology and Neuroscience and Behavior, Wesleyan University, Middletown, Connecticut
Daniella Labate, M.S.W., PROS Team Leader/Cognitive Remediation Program Coordinator, The Bridge, New York, New York
Jean-Pierre Lindenmeyer M.D., Clinical Professor of Psychiatry, New York University School of Medicine; Director, Psychopharmacology Research Unit, Manhattan Psychiatric Center, Nathan Kline Institute for Psychiatric Research, New York, New York
Henry W. Mahnke, Ph.D., Vice President, Research and Outcomes, Posit Science, San Francisco, California
Keith H. Nuechterlein, Ph.D., Professor in Residence, Psychiatry and Biobehavioral Sciences; Center Director, Center for Neurocognitive and Emotion in Schizophrenia; Director, Aftercare Program, Semel Institute of Neuroscience & Human Behavior, David Geffen School of Medicine at UCLA, Los Angeles, California
Clare Reeder Ph.D., Consultant Clinical Psychologist, Institute of Psychiatry, King’s College, London, United Kingdom
Nadine Revheim Ph.D., OTR, Research Scientist/Psychologist, Nathan Kline Institute for Psychiatric Research, Orangeburg, New York
William Spaulding, Ph.D., Professor of Psychology, University of Nebraska, Lincoln, Nebraska
T. Scott Stroup, M.D., M.P.H., Professor of Psychiatry, Columbia University College of Physicians & Surgeons; Director, Program for Intervention Effectiveness Research, New York State Psychiatric Institute, New York, New York
Blong-Leet Tan, M.Sc., B.Sc., Head of Occupational Therapy, Institute of Mental Health, Singapore
Joan Toglia, Ph.D., OTR, Professor and Director, Occupational Therapy Program, Mercy College; Professional Associate of Rehabilitation Medicine, NewYork-Presbyterian Hospital, New York, New York
Luana R. Turner, Psy.D., Psychologist, SRA; IPS Consultant/Trainer, Department of Psychiatry and Biobehavioral Sciences, UCLA Aftercare Research Program, David Geffen School of Medicine at UCLA, Los Angeles, California
Elizabeth W. Twamley, Ph.D., Associate Professor of Psychiatry. University of California, San Diego School of Medicine; Co-Chief, Neuropsychology Unit, VA San Diego Healthcare System, Center of Excellence for Stress and Mental Health, San Diego, California
Joseph Ventura Ph.D., Senior Research Psychologist, UCLA Center for Neurocognition and Emotion in Schizophrenia, Los Angeles, California
Bruce E. Wexler, M.D., Professor Emeritus of Psychiatry; Senior Research Scientist in Psychiatry, Yale University School of Medicine; New Haven, Connecticut
Til Wykes, Ph.D., Professor, Institute of Psychiatry, King’s College; Director, UK National Institute for Health Research, Mental Health Research Network, London, United Kingdom
July 8, 2012

7:30 a.m. Registration
8:45 a.m. Welcome
Alice Medalia, Ph.D.

**MORNING SYMPOSIUM**

9:00 a.m. Social Cognitive Training: Meta-analytic Results and Future Directions
Matthew M. Kurtz, Ph.D.
9:45 a.m. Computerized Learning Environments to Enhance Motivation and Learning
Art Graesser Ph.D.

10:30 a.m. Refreshment Break

10:45 a.m. Cognitive Remediation in the Initial Phase of Schizophrenia
Keith H. Nuechterlein, Ph.D.

11:30 a.m. Cognitive Remediation in the Lab and Community: Future Directions
Robert K. Heinssen, Ph.D., ABPP
Discussants: Til Wykes, Ph.D. & Henry W. Mahncke, Ph.D.

12:15 p.m. Lunch and Posters
*Poster Coordinator: Matthew M. Kurtz, Ph.D.*

**AFTERNOON SYMPOSIUM**

1:30 p.m. D-Serine and CRT: A Multisite Feasibility Trial
Cyril Deepak D’Souza, M.D.
1:55 p.m. Neurobiologic Effects of Cognitive Rehabilitation in Early Schizophrenia
Shaun M. Eack, Ph.D.

2:20 p.m. The Effects of Cognitive Remediation on Functional Outcomes among People with Schizophrenia
Bhing-Leet Tan, M.Sc., B.Sc.

2:45 p.m. Training Cognition at Home: A Pilot Study of People with Schizophrenia
Joseph Ventura Ph.D.

3:10 p.m. Panel Discussion
*Moderator: T. Scott Stroup, M.D., M.P.H.*

3:30 p.m. Cognitive Training for Older Adults
Jerri D. Edwards, Ph.D.

3:55 p.m. Cognitive Training for Children with Learning Problems
Bruce E. Wexler, M.D.

4:20 p.m. Neurocognitive Enhancement for Treatment Resistant Depression
Christopher R. Bowie Ph.D.

4:45 p.m. Barriers to Dissemination of Cognition Remediation
William Spaulding, Ph.D.

5:10 p.m. Panel Discussion
*Moderator: Morris D. Bell, Ph.D., ABPP*

5:30 p.m. Adjourn
AFTERNOON WORKSHOP SESSION #1
2:45 p.m.
A. Cognitive Remediation for Supportive Employment
B. How to Provide Treatments for Social Cognition in the
   Psychiatric Clinic Setting
   Tiffany Herlands, Psy.D. & Anja Behm, C.S.W.
C. Compensatory Cognitive Training: Success without Drills
   Elizabeth W. Twamley, Ph.D.
D. Metacognitive Training to Enhance Real World Outcomes
   Clare Reeder, Ph.D.

AFTERNOON WORKSHOP SESSION #2
4:30 p.m.
E. Enhancing Generalization of Cognitive Remediation to Daily Functioning
   Nadine Revheim Ph.D., OTR & Joan Toglia, Ph.D., OTR
F. How to Run NEAR Cognitive Training Groups Within Personalized Recovery-Oriented Services (PROS)
   Kee-Hong Choi, Ph.D. & Daniella Labate, M.S.W.
G. CBT and Cognitive Training for ADHD
   Enid Gertmenian-King, L.C.S.W.
H. Cognitive Remediation in Public Psychiatry Settings
   Jean-Pierre Lindenmeyer, M.D. & Alice Saperstein, Ph.D.

Afternoon workshops and symposium are held simultaneously. Workshops have limited space and are on a first-come first-serve basis. Please indicate on the registration form if you will be attending the afternoon symposium or workshops.

Program Description & Objectives

This conference is designed for Mental Health Professionals involved in the research and treatment of people with psychiatric conditions who have cognitive deficits.

We at Columbia University Medical Center are determined to continue our commitment to understand the causes of mental illness, and to find a cure for them. This course is designed to present information on the understanding and treatment of the cognitive deficits that commonly occur in many psychiatric conditions.

Course participants will acquire knowledge about different approaches to treating cognitive deficits, how cognitive deficits can impact everyday functioning, the factors that influence a positive response to cognitive remediation, how medications affect cognition, and how to provide cognitive remediation to different psychiatric populations. Participants will be able to attend all plenary presentations and to choose among a research symposium and several small group workshops led by the faculty members. Each workshop will focus on a specific topic in greater depth and allow for questions and discussion.

At the conclusion of the program, mental health professionals will be better able to treat the cognitive disorders associated with psychiatric illness. Researchers will have learned about studies investigating the efficacy of cognitive remediation with different populations, using a variety of remediation techniques.
Additional Information

Contact: Center for Continuing Medical Education
Columbia University College of Physicians & Surgeons
630 West 168th Street, Unit 39
New York, NY 10032

Telephone: (212) 305-3334  e-mail: cme@columbia.edu
Fax: (212) 781-6047  http://ColumbiaCME.org

Meeting Location

The Conference Center
130 East 59th Street
(between Lexington and Park Avenues)
New York, NY 10022

Area Hotels

Doubletree Metropolitan Hotel at 51st Street  The Roosevelt Hotel
569 Lexington Avenue  45 East 45th Street
(212) 752-7000  (888) 833-3969

Accreditation/Designation of Credit

The College of Physicians and Surgeons of Columbia University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The College of Physicians and Surgeons designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME credits from activities presented by ACCME accredited providers may be used toward American Osteopathic Association (AOA) Category 2-A requirements.

Social Workers: An application has been submitted the NASW-New York State for approval.

Disclosure

Before the program, all faculty will disclose the existence of any financial interest and/or other relationship(s) (e.g. employee, consultant, speaker’s bureau, grant recipient, research support, stock ownership or any other special relationship) they might have with a) the manufacturer(s) of any commercial product(s) to be discussed during their presentation and/or b) any commercial contributor to this activity. When unlabeled uses are discussed, these will also be indicated.
# Registration Form

**COLUMBIA UNIVERSITY**  
Psychiatry

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Please note: Your e-mail address is used for critical information about the course including: registration confirmation, course evaluation and certificate. Please be sure to include an e-mail address you check daily or frequently.

**Institution**

I will attend the **AFTERNOON SYMPOSIUM** (1:30 - 5:30 p.m.):  
☐ Yes ☐ No

I will attend the **WORKSHOP SESSIONS** (1:30 & 3:15 p.m.):  
Workshop Session # 1 (1:30 p.m.)  1st Choice __________  
Workshop Session # 2 (3:15 p.m.)  1st Choice __________

**Registration on or before 05/08/12:**  
☐ $135  Tuition  
☐ $45    Students (with a valid ID)

**Registration after 05/08/12:**  
☐ $165  Tuition  
☐ $60    Students (with a valid ID)

☐ Enclosed is a check or money order made payable to **Columbia University**  
   Checks must be in U.S. Dollars drawn on a U.S. bank.  
   Money Orders must be in U.S. Dollars.

☐ Please charge to:  
   ☐ MasterCard  ☐ Visa  ☐ AMEX

Exp. Date _______________________________________

Card Number _____________________________________

Cardholder’s Name _______________________________

Cardholder’s Signature ___________________________
**Tuition**

Early registration fee (postmarked, faxed or e-mailed on or before May 8, 2012): $135; Students*: $45. Registration after May 8, 2012: $165; Students*: $60. The tuition fee includes the plenary presentations, workshop sessions, continental breakfast, lunch and refreshments. Confirmation of registration will be sent upon receipt of the registration form. Refund of registration fee, less a $15 administrative charge, will be made if written notice of cancellation is received by **May 29, 2012**. No refunds can be made thereafter.

*(with a valid ID)

**Registration**

*Space is Limited. Early Registration is Encouraged.*

**By Mail:**

Complete the registration form and mail with full payment to:

Columbia University  
College of Physicians & Surgeons  
Center for Continuing Medical Education  
630 West 168th Street, Unit 39  
New York, NY 10032

**By Fax:**

Registrants may fax the registration form with credit card information to:

(212) 781-6047

**On-Line:**

http://columbiacme.org

Telephone registrations and/or cancellations are not accepted.

**Americans with Disabilities Act**

The Columbia University College of Physicians and Surgeons fully complies with the legal requirements of the ADA and the rules and regulations thereof. Any participant with special needs must submit a written request to our office at least one month prior to the course date.
Cognitive Remediation in Psychiatry

June 8, 2012

presented by
Columbia University
College of Physicians & Surgeons
at
New York-Presbyterian Hospital
Columbia University Medical Center
in association with the
Alliance for the Study of Cognitive Disorders
and
F.E.G.S. Health and Human Services System